

FOR IMMEDIATE RELEASE

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CONTACT: Jennifer Stein, (623) 694.1828
Marketing/Communications

A FAMILY BIKE RIDE

GLENDALE, Ariz. – Spring is in the air, making it a perfect time for a bike ride.

The 2007 Glendale Family Bike Ride is Sunday, April 22 at Sahuaro Ranch Park, located at 59th Avenue and Mountain View Road. Registration for the ride is 7 –9 a.m. with the bike ride beginning at 8 a.m.

Participants will enjoy a free six or 12 mile leisurely bicycle ride through Glendale neighborhoods and sections of the Thunderbird Paseo Pathway.

Each participant will receive a free T-shirt and complimentary refreshment stops are available along the route. In addition, there will be food, entertainment, magic trick demonstrations and a Kids Zone.

Each rider is required to wear a helmet. Helmets may be purchased at the ride for \$10. The use of protective eyewear and other safety gear is strongly recommended.

Bike safety information will be available at the registration table. In addition, experts will be onsite to inspect children's helmets to check for proper wear. GUS the Bus will continuously circuit the route to pick up any riders struggling with disabled bikes or aching legs.

Bike routes and registration information is available at

<http://www.glendaleaz.com/transportation>.

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City of Glendale
5850 W. Glendale Ave.
Glendale, AZ 85301
(623) 930-2960
www.glendaleaz.com